

2024 PRACTICE DATES/TIMES/LOCATIONS

LCC- LYONS COMMUNITY CENTER 9 MANHATTAN STREET LYONS NY 14889

MARCH 14^{th} - 5:30 TO 9 PM @ LCC Big Gym Only MARCH 21^{st} - 5:30 TO 9 PM @ LCC Big Gym Only MARCH 28^{th} - 5:30 TO 9 PM @ LCC Both Gyms

April 4th - 5:30 to 9PM @ LCC Both Gyms

April 11th - 5:30 to 9PM @ LCC Both Gyms

April 18th - 5:00 to 9PM @ LCC Both Gyms

April 25th - 5:00 to 9PM LCC Both Gyms

MAY ^{2nd} - 5 to 9 PM @ LCC Both Gyms

May 9th - 5 to 9PM @LCC Both Gyms

May 16th - 5 to 9PM @ LCC Both Gyms

May 23rd - 5:00 to 9 PM @ LCC Both Gyms

May 30th - 5:00 to 9PM @ LCC Both Gyms

June 6th - 5:00 to 9PM @LCC Both Gyms

June 13th - 5:00 to 9 PM @ LCC Both Gyms

June 20th - 5:00 to 9PM @LCC Both Gyms

June 27 - 5:00 to 9PM @ LCC Both Gyms